

“SIERRA BLANCA - MARBELLA”

MOUNTAIN RACE - X EDITION

ORGANISED BY

CLUB DEPORTIVO ULTRA TRAIL SIERRA BLANCA



SPONSORED BY

MARCA MARBELLA



REGULATION

ORGANISATION

Ultra Trail Sierra Blanca Sports Club, located in Marbella (Malaga), registered in the Andalusian Register of Sports Entities in the Second Section, dedicated to competitive sport, with registration number 025885 and NIF G93710192, organises the 10th edition of the Sierra Blanca - Marbella sports event.

DIRECTOR OF THE RACE - Francisco Viegas García

TECHNICAL DIRECTOR - José Ramón Pacheco Ojeda

EVENT COORDINATOR, SECURITY AND ENVIRONMENTAL AFFAIRS - Marina Robertson

THE RACE

The tenth edition of the Sierra Blanca Mountain Race will be held on 8 February 2025. The start of the race will take place in Marbella, specifically from the [Paseo Marítimo](#), with access to the starting area at [Calle Rafael Zea, número 17C](#), at 8:00 am. The route will cross the municipalities of Marbella, Ojén and Monda, in the province of Málaga, and will end in the Park [Parque Vigil de Quiñones](#) in Marbella. This race has the official authorisation of the Andalusian Federation of Mountain Sports, Climbing and Hiking (FAM) and offers three different distances.

The circuit called 'TRAMPANTOJO' has been specifically designed for Youth, Junior and Hiking categories.

The technical profiles of the races are detailed in the corresponding section of this document. It is important to note that there may be variations in the routes depending on the GPS navigation device used by the participants during the event.

PARTICIPATION OF MINORS

All under-age participants interested in competing must obtain prior parental authorisation, accompanied by a 'Release of Liability Form'. Both documents must be signed by parents or legal guardians and submitted prior to the event. It is crucial that minors ensure that the required documentation is obtained and submitted in advance of the competition to ensure a smooth and hassle-free bib pick-up. The necessary forms are available on the event website and during the registration process. They must be sent completed and signed to contacto@cdutbs.org before the date of the event.

CATEGORIES AND SUBCATEGORIES

CATEGORY	SPECIFICATION
JUVENIL	Participants aged 17 and 18, who will not reach the age of 19 during the year 2025.
JÚNIOR	Participants aged 19 y 20, who will not reach the age of 21 during the year 2025.
ABSOLUTA	Participants aged 21 and over, having reached their 21st birthday in the year 2025.

SUBCATEGORÍA	ESPECIFICACIÓN
PROMESA	From 21 to 23 years of age, who do not reach the age of 24 during the year of the competition.
SENIOR	From 24 to 39 years of age, who do not reach the age of 40 during the year of the competition.
VETERANS A	From 40 to 49 years of age, who do not reach the age of 50 during the year of the competition.
VETERANS B	From 50 to 59 years old, who will not be 60 years old in the year of the competition.
VETERANS C	60 years of age and over, completed during the year of the competition.
LOCAL	Participants registered in the municipality of Marbella.
INCLUSIVE	Disability certificate required.
HIKING	Non-competitive participation for children over 10 years of age. Minors must be accompanied by an active legal guardian to ensure their safety and well-being.

REGISTRATION AND KEY DATES

Pre-registration for the race will open **on 1 June**, with a special offer available **until 6 October**. Official registration will begin on **14 October 2024**, with priority given to pre-registrants based on the date of their registration. The registration period will end on **25 January 2025**. All registrations must be made exclusively through the official race website,

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www.cxmsierrablanca.com. Registrations will close automatically when the limit of participants is reached or when the closing date is reached, whichever comes first. In the event that places are sold out earlier, a waiting list will be established. The Organisation will contact applicants on the waiting list by email to notify them of the availability of places.

REGISTRATION DEADLINES AND PRICES

DATES	Federated/ Non-federated DESTROYER (42.3 KM)	Federated/ Non-federated ROMPEPIERNAS (29.3 KM)	Federated/ Non-federated TRAMPANTOJO (12.3 KM)	Federated/ Non-federated SENDERISMO (12.3 KM)
Until 06/10/24	39.00€ / 42.00€	29.00€ / 32.00€	19.00€ / 22.00€	17.00€ / 20.00€
Until 14/11/24	43.00€ / 46.00€	32.00€ / 35.00€	21.00€ / 24.00€	19.00€ / 21.00€
Until 14/12/24	47.00€ / 50.00€	35.00€ / 38.00€	23.00€ / 26.00€	21.00€ / 23.00€
Until 14/01/25	51.00€ / 54.00€	38.00€ / 41.00€	25.00€ / 28.00€	23.00€ / 25.00€
Until 25/01/25	55.00€ / 54.00€	41.00€ / 43.00€	27.00€ / 30.00€	25.00€ / 27.00€
INCLUSIVE MODALITY	50% DISCOUNT Participation is open for any distance, with no limit on the number of participants. Accompanying persons must pay the corresponding fee according to the established quota.			

The registration fee for the Sierra Blanca Mountain Race includes the following::

- Entry to participate in the race.
- Civil liability and accident insurance.
- Bag locker service at the finish line: Participants will have the option to leave their belongings at the designated locker table during bib pick-up on race day.
- Advanced tracking and rescue applications to monitor race progress and ensure safety.
- Liquid and solid refreshments during the race and at the finish line.
- Medical assistance during the race and at the end of the event.
- Rescue teams equipped with the latest technology and drones for immediate assistance and support.
- Transport services for runners from designated extraction points to the finish line.
- Showers and changing rooms located within 100 metres of the finish line.
- Massage service to facilitate recovery after the race.
- A commemorative medal for all participants who complete the race.
- Trophies for the first three finishers in each category and sub-category.
- A post-race fellowship lunch after the race to replenish your strength.
- A post-race concert, which will provide a fantastic opportunity to celebrate your achievements.

CANCELLATION INSURANCE

In order to request a refund of your race bib registration fee, please contact directly MEDIADOR RIBÉSALAT

- Call **932415050** or send an e-mail to gestion.cliente@ribesalat.com identifying yourself with the number of the certificate received by the company, your full name and ID card number.
- You must provide all the documentation accrediting the cause of cancellation.
- Once the file has been opened, you will receive a tracking reference from the company and the mediator. With this number you will be able to check the status of your claim at any time.

Once the documents have been checked, the next steps will be indicated or the registration fee will be refunded.

Once the documentation has been checked, the next steps will be indicated or the registration fee will be refunded.

Under no circumstances can the organisation be asked to reimburse the registration fee in the event of cancellation. If the participant has taken out cancellation insurance, any claim must be made directly to the insurance company.

TRANSFER OF BIBS AND CHANGES OF REGISTRATION DATA

To speed up the process, we have enabled an option that allows participants to make the necessary changes directly from their personal page, using the code they received in the registration email.

We therefore ask you to avoid sending emails and instead use your personal page to make the necessary modification. Please note that bib transfer and personal data change are two different processes and must be applied according to the participant's needs.

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The bib transfer involves transferring the registration to another person, while the change of personal data involves modifying the information recorded in the original registration.

Participants will be able to make changes to their registration through the participant's private area page until 31 January 2024. After this date, no changes to the entry will be allowed.

COMPULSORY AND RECOMMENDED MATERIAL

CONTROL: Compulsory material must be presented during the bib control and at specific points along the course. Failure to comply with these controls may result in penalties or disqualification. Participants who do not comply with the rules established by the Federation may be excluded from the competition. Although material such as trousers and windbreakers may be carried in the rucksack, they must be shown at the request of any judge or organisational staff.

RACE	COMPULSORY MATERIAL
TRAMPANTOJO	Windbreaker jacket with hood and long sleeves in the runner's size. Thermal or survival blanket (minimum 1,20 X 2,10). Water container (minimum 0.5 l) + collapsible cup*. Mobile phone with fully charged battery Cap, visor or bandana Whistle Bib
ROMPEPIERNAS	Trousers or tights that cover at least below the knees. Windbreaker jacket with hood and long sleeves in the runner's size. Thermal or survival blanket (minimum 1,20 X 2,10). Water container (minimum 0.5 l) + collapsible cup*. Mobile phone with fully charged battery Cap, visor or bandana Whistle Bib
DESTROYER	Trousers or tights that cover at least below the knees. Windbreaker jacket with hood and long sleeves in the runner's size. Thermal or survival blanket (minimum 1,20 X 2,10). Water container (minimum 0.5 l) + collapsible cup*. Mobile phone with fully charged battery Cap, visor or bandana Whistle Bib

***Folding cup** - The organisation is committed to the environment and aims to reduce the use of plastic as much as possible during the race. There will be no cups available during the competition, so it is important that each participant brings their own collapsible cup for their personal use.



RACES	RECOMMENDED MATERIAL
TRAMPANTOJO	Gloves, GPS or compass
ROMPEPIERNAS DESTROYER	Gloves, GPS or compass Headlamp or torch with spare batteries + Red rear position light on at night

ALLOCATION AND COLLECTION OF BIBS

To collect their race bib, runners must present the QR code they received with their registration confirmation. This method is the most efficient way to speed up the process and minimise waiting times. If the QR code is not available, runners can collect their bib number by presenting a valid personal identification document, such as a passport, ID card, NIE or driving licence.

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If a third party is collecting the bib on behalf of the runner, they must present an authorisation signed by the runner, as well as the corresponding QR code or a digital copy of the runner's ID document (e.g. a photograph on their mobile phone).

The bibs will be handed out after verification of the necessary documents, presented in digital format. **The organisation will not make exceptions under any circumstances. It is crucial to stress that the organisation will not assume any responsibility for the consequences of non-observance of these regulations by the participants.**

Bib bibs will be available for collection at the following address: [Plaza del Mar C. Camilo José Cela, s/n, 29602 Marbella, Málaga](#) (pending confirmation)

TIMETABLE	DISTANCE
FRIDAY, 7 February 2025 (Mandatory date for Marbella residents)	
16:00 - 20:00	for any distance, resident or non-resident
SATURDAY, 10 February 2025	
6:30 am - 7:30 am	DESTROYER
7:30 am - 8:30 am	ROMPEPIERNAS
8:30 am - 9:30 am	TRAMPANTOJO

The organisation reserves the right to update the rules to reflect any significant changes. Participants will be informed of these changes via email and on the organisation's social networks. It is the responsibility of each participant to keep abreast of communications issued by the organisation.

It is important to note that the delivery of bibs is subject to the availability of an adequately covered and protected space, especially in case of adverse weather conditions or if the planned venue is not available for reasons beyond our control.

RACE INFORMATION

START: [Paseo Marítimo de Marbella](#) con corralito en la [17 C. Rafael Zea](#)

FINISH: [Parque Vigil de Quiñones](#)

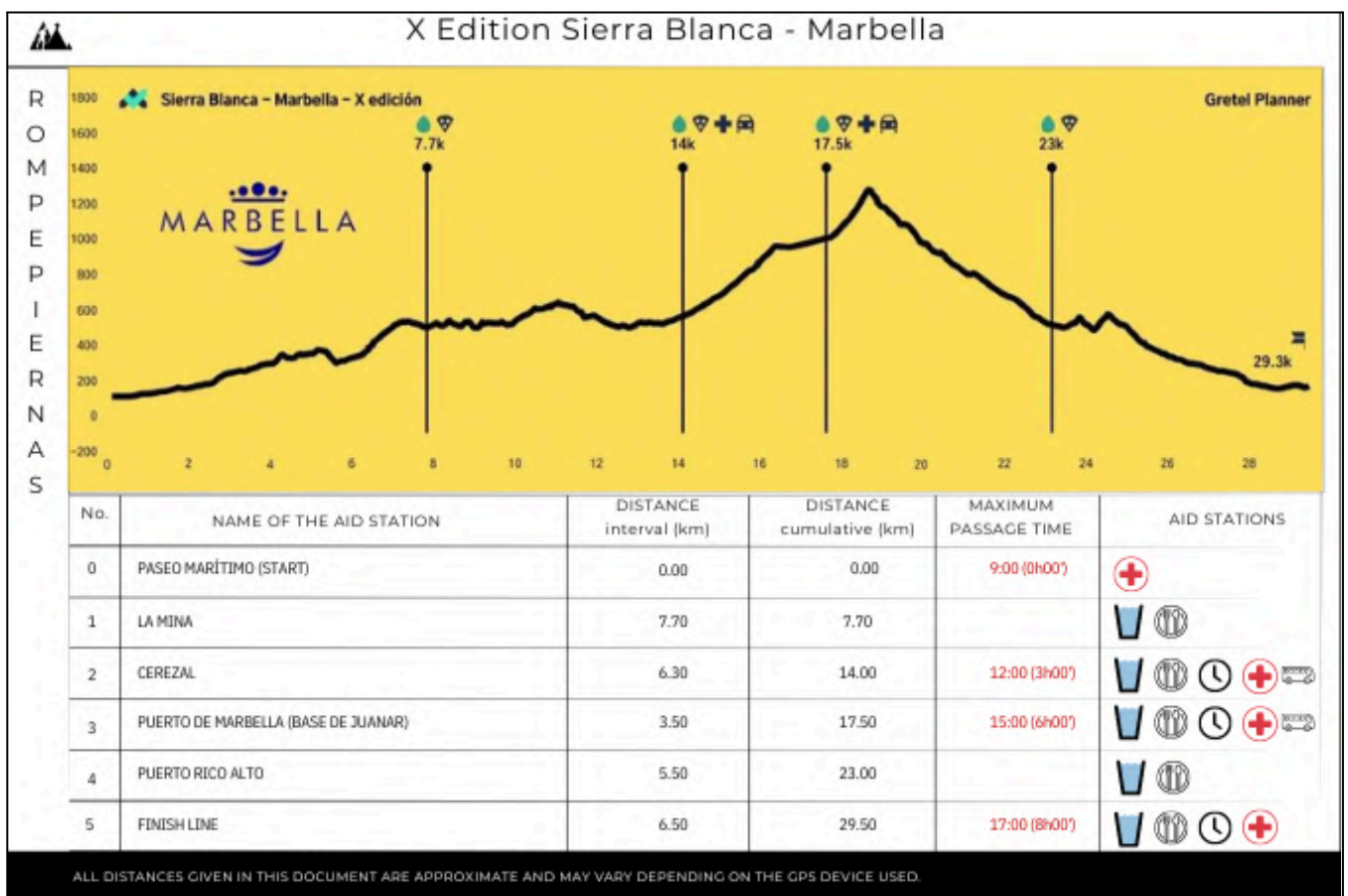
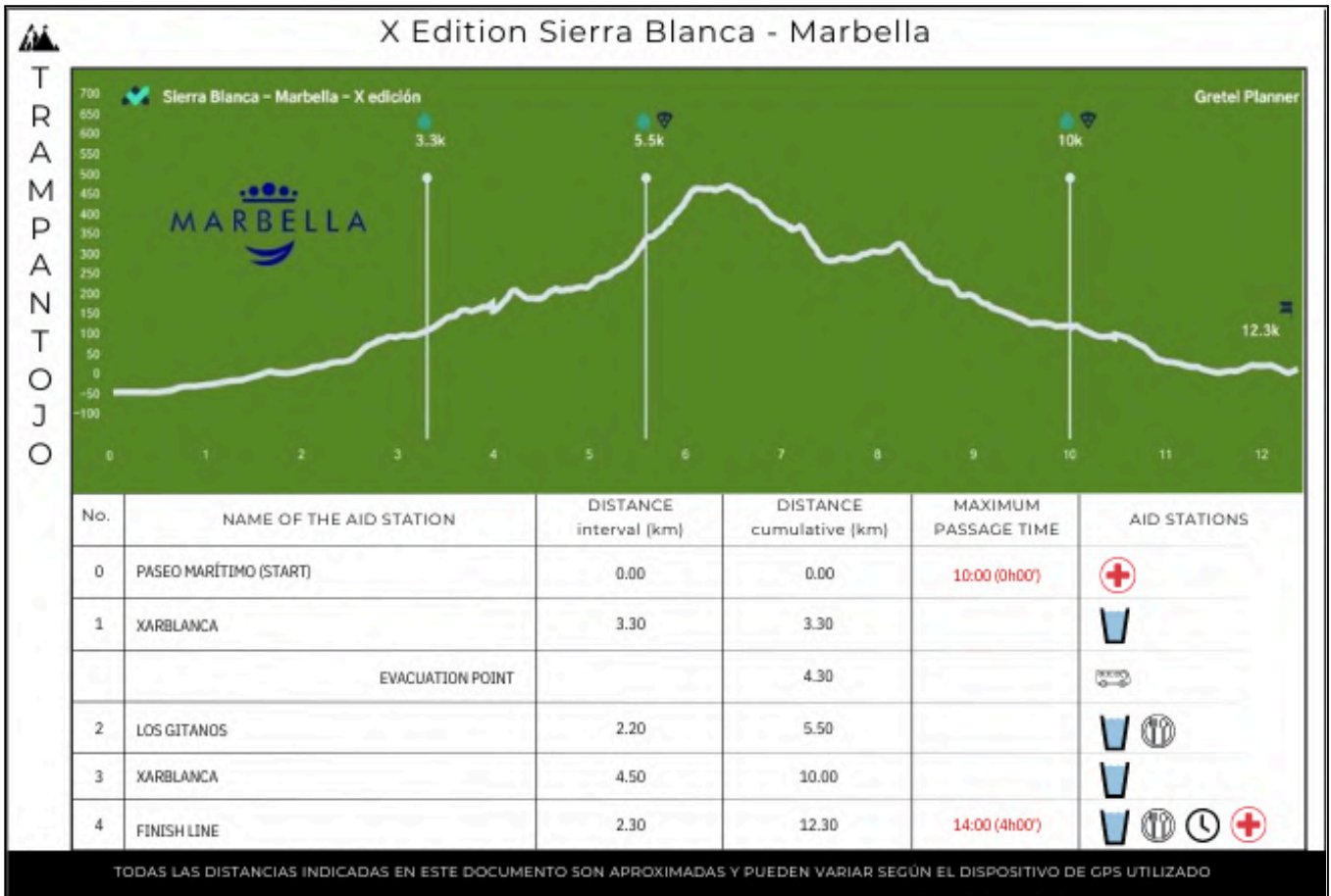
MAXIMUM NUMBER OF PARTICIPANTS: 1200

Name of the race / modality	Start / finish time	Approximate distance	Approximate altitude
DESTROYER - 10 hrs (high difficulty)	08:00 - 18:00	44 km	+2.800
ROMPEPIERNAS - 8 hrs (medium-high difficulty)	09:00 - 17:00	28,5 km	+1.900
TRAMPANTOJO - 4 horas (low-medium difficulty)	10:00 - 16:00	12 km	+700
HIKING - 6 hrs (Trampantojo)	10:00 - 16:00	12 km	+700

Race times have been carefully calculated to allow all runners to finish within the pre-established time, allowing for possible interruptions such as breaks or feeding periods. It is essential that runners pass through and leave the checkpoints before the specific cut-off time for each segment, regardless of the time they have arrived at these points.

It should be noted that any participant who does not meet the time limits at the checkpoints will be considered as withdrawn from the competition. Participants who exceed the time limit and choose to continue the route must deactivate their timing chip. In doing so, they may continue on the route at their own risk and without the official supervision of the event.

Additionally, it is important to mention that in the event that the overall pace of the race is faster than anticipated, the checkpoints and refreshment stations will be closed after the departure of the race closing team, known as the 'broom team'. This is essential to ensure the safety of all involved and the efficient administration of the event.





PREPARATION FOR YOUR RACE

To maximise the race experience and ensure optimal athlete performance, we strongly recommend that all participants familiarise themselves with [GRETEL PLANNER](#) prior to the race. This platform is designed for strategic race planning, providing specialised tools to define paces, speeds and nutritional strategies that are crucial for success in any competition. Proper preparation, facilitated by [GRETEL PLANNER](#), is essential to avoid failures due to strategic mismanagement and to achieve goals with meticulous and effective preparation.



LIVE RACE TRACKING

To enrich the experience of participants, as well as their friends and family, and ensure safety during the race, we continue to work with the [Yomury](#) timing application. This tool is accessible for download on iOS and Android devices. You will find detailed instructions on how to set up and effectively use the app on the last page of these regulations. We encourage you to take advantage of [Yomury](#) to enhance your event experience.



PRIZE-GIVING CEREMONY

Prizes will be awarded to the first three finishers in each category and sub-category who complete the race, with the exception of the inclusive modality, where all participants will receive a prize.

The prizes awarded will not be cumulative. Representation by another person at the prize-giving ceremony must be notified and authorised by the organisers at least thirty minutes in advance.

The ceremony will take place on the day of the race, starting at 14:00 hours in the marquee set up in Parque Vigil de Quiñones. Approximate times:

- TRAMPANTOJO: From 14:00 hours.
- ROMPEPIERNAS and DESTROYER: From 16:00 hours.

For the categories and subcategories whose participants do not arrive before the ceremony, the prizes will be handed out at the organisers' table located near the finish line.

REGLAMENTO

RULES OF PARTICIPATION

Mandatory appearance and equipment. It is imperative that all participants wear their bib number clearly visible on the front of their T-shirt and wear clothing and footwear specifically designed for running. In addition, it is required to carry a mobile phone with a fully charged battery, both for emergency situations and to facilitate tracking through the Yomury application.

Physical Condition Required: It is essential that all participants are in optimal physical condition and are properly prepared to face the demands of the selected course. Especially for the marathon distance, a medical evaluation is recommended to confirm the ability to complete the race safely.

Respect for the Course and the Environment: Runners should follow the marked route, avoid deviations and not litter. Respect for other participants and the natural environment is essential.

Prohibitions: The use of vehicles and the presence of animals in the race is prohibited. It is also forbidden to receive external assistance or supplies outside the designated points.

Timing: All participants must cross the official checkpoints and use the chip timing system provided by the organisation.

Failure to comply with these rules may result in penalties and disqualification.

SAFETY

Mobile application: It is recommended to carry a mobile phone with the applications 'YOMURY' and 'SOS Emergencias' installed, available in Google Store and Apple Store, to communicate with Civil Protection Marbella in case of emergency.

Weather conditions: In case of adverse conditions, the organisers will be able to set up an alternative route, informing the participants in due time.

Start and Finish: The start will be supervised by the local police and staff of the organisation. Once in the race, participants must follow the traffic rules and signs to ensure their safety and that of others.

A closing team, known as the 'broom team', will follow the last participants, ensuring compliance with the cut-off times for the safety of all runners and volunteers at the refreshment points. It is essential that participants carry mandatory equipment at all times during the race, as the characteristics of the natural environment and the long distances may make rapid medical intervention difficult.

Abandonment and Health Care: In the event of the need to abandon the race, it is crucial to inform the staff at the check points immediately. Medical assistance will be available along the route and at strategic points.

Time Limit and Pick-up: Participants who do not finish the race within the time limit will be evacuated by organisers' vehicles from pre-marked areas. See pages 6 and 7 of the regulations for details on cut-off times, medical care locations, and abandonment points.

Medical Information: During registration, the organisation must be informed of any illness or drug allergy that may require attention during the race. It is the responsibility of each participant to carry and administer any prescribed medication, and prior consultation with a health professional is advised.

DISQUALIFICATIONS

This sporting event is possible thanks to the efforts of the volunteers who dedicate their time to preserve the nature and beauty of the Sierra that surrounds Marbella. The organisers and the staff at each checkpoint and refreshment station have full authority to enforce the rules and ensure the smooth running of the event

Any infringement of the rules will be penalised according to the established table of penalties, which is vital to maintain the sporting spirit and promote respect for the natural environment.

INFRACTIONS	PENALTY
Late start: Arriving at the start line 15 minutes after the start signal.	Disqualification

INFRACTIONS	PENALTY
Inappropriate conduct: Demonstrating violent, xenophobic or sexist attitudes.	Disqualification
Disobedience: Failure to comply with the instructions of the organisation's staff.	Disqualification
Refusal of control: Opposing the verification of compulsory material.	Disqualification
Lack of solidarity: Failure to assist another participant in danger or accident.	Disqualification
Fraud: Using unauthorised means of transport, transferring the race bib to another person, among others.	Disqualification
Misuse of resources: Consuming water directly from the jug instead of using the obligatory personal containers.	Disqualification
Omission of controls: Failure to pass through an established control point.	Disqualification
Refusal of doping control: Refusing to take a doping test.	Disqualification
Environmental damage: Littering outside the designated containers, damaging or removing vegetation, or taking shortcuts that alter the established route.	Disqualification

Expectativas de Conducta y Responsabilidad Ambiental:

All participants are expected to maintain responsible and respectful behaviour towards the environment and other participants. Infringements such as littering outside the designated containers, damaging flora or fauna, modifying natural elements, or deviating from the established route will be considered serious and penalised.

Participants must conscientiously manage their waste at the established collection points, including the disposal of specific materials such as broken sticks. In addition, everyone is expected to exhibit sportsmanlike behaviour and respect the race facilities and equipment and be responsible for any damage caused by misuse.

We urge everyone to cooperate to ensure that conduct during the event reflects a commitment to respect and environmental ethics.

IMAGE RIGHTS

The organisers reserve the right to take and collect photographs, videos and information during the competition, involving all participants. This material may be used for publicity purposes, public relations, journalistic promotions or promotion of the event. The use of this material in media or advertising projects requires the prior consent of the organisers.

COMPLAINTS

To submit a race-related complaint, an email should be sent to the organisers at the following email address: contacto@cdutbs.org. It is recommended that the complaint be submitted in writing for better clarity and follow-up.

It is important to note that the deadline for submitting claims will be within 48 hours of the publication of the provisional rankings on the official website of the event. The resolutions of these claims will be dealt with and communicated within a maximum of 60 days after the end of the event.

It is essential to note that claims received through other email addresses or communication channels will not be accepted. Participants are advised to follow the information published on the official website of the event for any updates or changes to the complaints policy.

The organisation declines all responsibility in case of accident or negligence of others, as well as for the loss or breakage of objects belonging to each participant.

ACCEPTANCE OF RULES AND CONDITIONS

By registering for the competition, participants confirm that they have read and accepted the rules and disclaimer, which release the organisers from any liability in the event of an accident or bodily injury occurring during or after the competition. Registration for the event constitutes a binding agreement and confirmation of acceptance of all terms and conditions detailed in the rules and accompanying documents.

While the organisers are committed to ensuring maximum safety for all participants, it is essential that each runner is fully informed and aware of the conditions and responsibilities associated with their participation in the competition.

IMPORTANT DOWNLOADS

Trail Running
DESTROYER - X
edición SIERRA
BLANCA - 2025
por Sierra Blanca - Marbella



Abre esta ruta escaneando este código QR desde la barra de búsquedas de la App de Wikiloc.

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Trail Running
ROMPEPIERNAS - X
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Trail Running Trampantojo - X edición Sierra Blanca - 2025



DESCARGA ANDROID



DESCARGA IOS





VIDEO INFORMATIVO



DESCARGA ANDROID



DESCARGA IOS



1. **Download the Application:** The links to download the Yomury Timing app. It is essential to have the application installed before the event.
 - ANDROID: [YOMURY GOOGLE PLAY](#)
 - IOS: [YOMURY APP STORE](#)
2. **Initial Setup:**
 - **GPS Permission:** Make sure to allow access to the device's GPS to ensure tracking accuracy.
 - **Power Settings:** Adjust the mobile device's power settings to prevent the application from automatically shutting down. This step may vary depending on the mobile device model.
3. **Registration and Participation:**
 - Select the 'I am going to Participate' option within the application.
 - Validate your registration by entering your bib number and the race in which you are participating.
 - Activate GPS (by selecting 'Always allow') and call permissions.
 - Activate the automatic start of the application to start tracking once the race starts.
4. **Functionalities during the race:**
 - **Live Tracking:** Allow friends and family to follow you in real time through the app or from their computers.
 - **Social Interaction:** Share live photos and videos of your race experience, including your finish line.
 - **Real-Time Results:** See your results immediately after crossing the finish line without waiting.

