

Classifica Generale

Pos.	Pett.	Atleta	Cat.	Naz.	Società	Tempo	Dist.	Ritmo
5.1 Km Nordic Walking								
1.	333	DELL'AVANZO, EUGENIO	NW	ITA	NORDIC WALKING VALTELLINA	00:33:14	--	6:38 min/km
2.	316	SOCCINI, EMANUELE	NW	ITA	NORDIC WALKING ALTOMILANESE	00:33:45	+31	6:45 min/km
3.	311	POZZI, GIORGIO	NW	ITA	NORDIC WALKING ALTOMILANESE	00:36:44	+3:30	7:20 min/km
4.	487	CLERICI, ALESSANDRO	NW	ITA	ASD NATURAL MENTE NORDIK WALKING	00:37:43	+4:28	7:32 min/km
5.	308	PAGANI, LUCIANA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:38:06	+4:52	7:37 min/km
6.	298	CABIALE, MARCO	NW	ITA	NORDIC WALKING ALTOMILANESE	00:39:06	+5:52	7:49 min/km
7.	61	MANGANINI, FEDERICA	NW	ITA	NORDICWALKER SVO	00:40:29	+7:14	8:05 min/km
8.	305	NASTASIA, ROSETTA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:41:08	+7:54	8:13 min/km
9.	184	TORRI, GIORGIA MADDALENA	NW	ITA	NORDIC U.S.SVO	00:42:09	+8:54	8:25 min/km
10.	324	CARDILE, NICOLA	NW	ITA	NORDIC U.S.SVO	00:42:09	+8:55	8:25 min/km
11.	307	PADOVAN, ILEANO	NW	ITA	NORDIC WALKING ALTOMILANESE	00:42:43	+9:29	8:32 min/km
12.	700	COLOMBO, MICHELA	NW	ITA	NORDICWALKER SVO	00:42:47	+9:33	8:33 min/km
13.	309	PANDOLFO, LUCIO	NW	ITA	NORDIC WALKING ALTOMILANESE	00:42:57	+9:43	8:35 min/km
14.	525	VOLONTE', ROSANNA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:42:59	+9:45	8:35 min/km
15.	323	CARBONE, ANDREA	NW	ITA	NORDIC U.S.SVO	00:43:31	+10:16	8:42 min/km
16.	302	GONZO, MARISA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:43:38	+10:24	8:43 min/km
17.	318	ZANZOTTERA, EZIO	NW	ITA	NORDIC WALKING ALTOMILANESE	00:44:43	+11:29	8:56 min/km
18.	332	PEDROLA, MANUELA	NW	ITA	NORDIC WALKING VALTELLINA	00:44:53	+11:39	8:58 min/km
19.	317	TREVISANI, SUSANNA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:45:34	+12:20	9:06 min/km
20.	319	GARAVAGLIA, ROBERTO	NW	ITA	NORDIC U.S.SVO	00:46:06	+12:52	9:13 min/km
21.	300	DISTEFANO, DANIELA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:46:35	+13:21	9:19 min/km
22.	444	PASSAFARO, SALVATORE	NW	ITA	ASD NATURAL MENTE NORDIK WALKING	00:46:59	+13:45	9:23 min/km
23.	443	COLOMBO, ENRICA	NW	ITA	ASD NATURAL MENTE NORDIK WALKING	00:47:56	+14:41	9:35 min/km
24.	240	DE CRISTOFARO, DANIELA	NW	ITA	ASD NATURAL MENTE NORDIK WALKING	00:47:56	+14:42	9:35 min/km
25.	243	VACCANI, STEFANIA	NW	ITA	ASD NATURAL MENTE NORDIK WALKING	00:47:57	+14:43	9:35 min/km
26.	437	LAZZATI, ELENA	NW	ITA	NORDICWALKER SVO	00:48:31	+15:17	9:42 min/km
27.	331	MANCUSO, LAURA	NW	ITA	NORDIC U.S.SVO	00:48:32	+15:18	9:42 min/km
28.	445	MADONINI, MARIA GABRIELLA	NW	ITA	ASD NATURAL MENTE NORDIK WALKING	00:49:29	+16:15	9:53 min/km
29.	301	FERRO, MARINA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:49:37	+16:23	9:55 min/km
30.	306	NEBULONI, MARIA TERESA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:49:53	+16:39	9:58 min/km
31.	296	MARTINETTI, GIULIO MARIO	NW	ITA	ASD NATURAL MENTE NORDIK WALKING	00:50:32	+17:18	10:06 min/km
32.	242	CAPPELLETTI, MAURIZIO	NW	ITA	ASD NATURAL MENTE NORDIK WALKING	00:50:32	+17:18	10:06 min/km
33.	315	SBRISSA, MARA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:50:38	+17:24	10:07 min/km
34.	327	RE FERRE', CINZIA	NW	ITA	NORDIC U.S.SVO	00:50:52	+17:37	10:10 min/km
35.	524	SELMO, ANDREA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:51:08	+17:54	10:13 min/km
36.	523	GALATI, DAVIDE	NW	ITA	NORDIC WALKING ALTOMILANESE	00:51:09	+17:55	10:13 min/km
37.	522	GIORDANO, MARCO	NW	ITA	NORDIC WALKING ALTOMILANESE	00:51:09	+17:55	10:13 min/km
38.	314	RABATELLI, MARCO	NW	ITA	NORDIC WALKING ALTOMILANESE	00:51:11	+17:57	10:14 min/km
39.	299	CACAMO, ANGELA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:51:16	+18:01	10:15 min/km
40.	442	CANCIANI, VERONICA	NW	ITA	ASD NATURAL MENTE NORDIK WALKING	00:51:29	+18:15	10:17 min/km
41.	521	BONELLI, CINZIA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:52:54	+19:40	10:34 min/km
42.	303	GRIMOLDI, ELSA	NW	ITA	NORDIC WALKING ALTOMILANESE	00:52:55	+19:41	10:35 min/km
43.	62	MILITELLO, SANDRA	NW	ITA	NORDICWALKER SVO	00:53:02	+19:48	10:36 min/km
44.	322	BIGNOTTI, GLORIA	NW	ITA	NORDIC U.S.SVO	00:53:07	+19:53	10:37 min/km
45.	329	BERNASCONI, SABRINA	NW	ITA	NORDIC U.S.SVO	00:53:07	+19:53	10:37 min/km
46.	295	RAVERA, SIMONA	NW	ITA	NORDIC U.S.SVO	00:55:29	+22:15	11:05 min/km
47.	321	BARILE, ROSELLA	NW	ITA	NORDIC U.S.SVO	00:55:30	+22:16	11:06 min/km
48.	436	MERAVIGLIA, ROBERTO	NW	ITA	NORDICWALKER SVO	00:55:42	+22:28	11:08 min/km
49.	440	FUSI, MANUELA	NW	ITA		00:55:44	+22:30	11:08 min/km
50.	518	BIANCHI, MARA	NW	ITA	ASD NATURAL MENTE NORDIK WALKING	00:59:39	+26:25	11:55 min/km

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51.	488	AMATO, LAURA	NW	ITA	ASD NATURAL MENTE NORDIK WALKING	00:59:39	+26:25	11:55 min/km
52.	330	PASTORI, FILIPPO	NW	ITA	NORDIC U.S.SVO	01:05:29	+32:15	13:05 min/km
53.	326	DI BONO, DIEGO FRANCESCO	NW	ITA	NORDIC U.S.SVO	01:05:30	+32:15	13:06 min/km
54.	304	GUARALDO, SILVANA	NW	ITA	NORDIC WALKING ALTOMILANESE	01:06:03	+32:49	13:12 min/km
55.	312	PRADA, ANTONELLA	NW	ITA	NORDIC WALKING ALTOMILANESE	01:06:03	+32:49	13:12 min/km

Numero di record: 55