



## REGULATION

The bib must be worn in front of it and be always visible in its entirety during the whole race.

In the event of bad weather conditions, and for reasons of safety, the organization reserves the right to suspend the race in progress, to modify the hourly barriers or to divert the transit of the race on asphalted stretches.

For the entire duration of the event and along the route there are checks for the check-in of the transited participants, before the start, each runner must compulsory to proceed with the punching before entering the starting area. When passing through each checkpoint and upon arrival, the runner must make sure that he has been regularly registered. A radio / telephone service is active with the managers of the organization. Rescue stations with medical / health personnel, Civil Protection and / or Alpine Rescue, will be present at strategic points along the route and placed on off-road vehicles, in order to guarantee prompt intervention.

The medical / health personnel can at its discretion suspend the participant from the race invalidating the bib. Rescuers are authorized to evacuate the participants judged in danger by all means of their own convenience. The use of anti-inflammatory infiltrations by medical service personnel is not permitted. If it is necessary to use anti-inflammatories and / or painkillers in injection, the competitor will be stopped and transported to a medical station for health checks.

In the event of abandonment outside the checkpoint, at the time of the meeting with those responsible for closure, they will cancel the bib number and the participant will no longer be under the control of the organization.

It is mandatory that each participant is in possession of a valid competitive medical certificate, the same must be received by mail or delivered directly at the time of the collection of the bib. Otherwise the registration will be canceled without any right to reimbursement of the fee paid.

The athlete participates under his own responsibility to the event by raising the organizing company from any responsibility for damages made or suffered by / or people, animals or things, before, during and after the event, must take note of the length and particularities of the try and be aware that your participation requires physical preparation appropriate to the effort. It also raises the organization from any kind of responsibility for medical problems that could happen to him before, during and after the race, as informed of the medical contraindications that concern him.

In case it is necessary to activate the rescue or 118, including the possible use of helicopter, the costs arising for the intervention of structures external to those of the organization, both before, during and after can not be imputed to the organization itself.

**INSURANCE** Civil liability: The organization takes out liability insurance for the entire period of the event.

The organization advises each participant to have their own personal insurance that covers participation in these events, with accident coverage, travel and evacuation costs. NB: the evacuation by helicopter in Italy is subject to charges. In the event of an accident, the current regulations that exist between the various bodies can be covered.

### **A.S.D. PIACENZA SPORT**

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**IMAGE RIGHT** By registering for the competition, the athlete expressly authorizes the organization to acquire the right, together with its partners, to use the still or moving images on which it may appear, taken on the occasion of its participation in the event, on all visual media as well as on promotional and / or advertising materials, produced and disseminated throughout the world and for the maximum time required by the laws, regulations, treaties in force, including the possible extension that may be made to the expected period.

**SEMI-SELF-SUFFICIENCY** The races are in semi-self-sufficient food, the organization will manage refueling places where the competitors will find food and drink.

**No plastic cups will be available in any refreshment area;** to drink the runners must have a glass or other personal container suitable for use; every runner must make sure that he has at his disposal the minimum amount of water required as obligatory material and that he will need it to arrive at the next refreshment point.

**The ethical trail** includes:

- Respect for nature, avoiding harmful cuts in the path and not throwing waste along the way.
- Respect for volunteers, who work for free for your pleasure and your safety.
- The obligation to rescue athletes in difficulty.

**For us, the ethics trail is a point of honor, not respecting it is unforgivable and will result in immediate disqualification.**

**MATERIALS** With the registration, each runner signs the commitment to bring with him the obligatory material, listed in the section of the site, during the whole race, under penalty of disqualification. (Check with possible controls along the route)

With the registration and the relative payment of the fee, the participant accepts without reservation the present regulation. In case of various oversights or omissions in the race rules, the decision is up to the race director as well as the final judgment on all the parts.

The director of the race will be Mr. Bettini Stefano, President of ASD Piacenza Sport, the organizing sports association.

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