XXXIII Torremolinos Half Marathon Race 5/2/2023

RULES AND REGULATIONS

(This is purely a guide in English and no responsibility is accepted for its accuracy)

- 1. The Half Marathon Race "Ciudad de Torremolinos" is organised under the auspices of the *Patronato Municipal de Deportes del Ayuntamiento de Torremolinos* (Municipal Sports Board). Every runner, whether they are a member of a federation or not, can participate, as long as all the rules and instructions cited by the race organisers are adhered to. Proof may be required where necessary.
- 2. The Race will be held on **Sunday 5 February 2023**. Starting point is on C/Campillos, next to the Pablo Ruiz Picasso Cultural Centre in Torremolinos at 0930am and the length of the race is 21.097 m. The event is regulated and approved by the FAA.
- 3. All participants must be in good physical health and sufficient physical condition to complete the race, with no known health issue that could cause risk or incapacitation to the participant during the race.
- **4.** For more information please contact the Sports Stadium San Miguel, C./Pedro Navarro Bruna s/n 29620 Torremolinos. Tfno: 952058088 E-Mail: pruebas.populares@pmdt.torremolinos.es

5. Course route and timing limits:

Starting Point: C/Campillos (next to the Pablo Ruiz Picasso Cultural Centre), C/Río Aranda, C/Río Bergantes, la rotonda del Supersol se toma a contravía, C/Costa Rica, se habilita un camino de conos. Acceso a la Autovía, Camino de los Brocales, Carril de los Manantiales, C/Cuba, C/ Costa Rica, C/ Loma del colegial, C/ Ecuador, C/Rafael Quintana Rosado, C/Europa, Av. Isabel Manoja, Av. Los Manantiales, C/Rio Bergantes, C/Río Aranda, C/Hoyo, Plaza Costa del Sol, Av. Palma de Mallorca, Av. Carlota Alessandri, A partir de la rotonda del Pez Espada se toma a contravía. Hay que poner conos pus antes había jardineras. Av. de España, C/Salvador Allende, C/Decano José Gómez Rando, Paseo Marítimo Carihuela, Paseo Marítimo Playamar, acotado con vallas. Giro 90º a la altura del Chiringuito El Sardiná, se toma la calle que enlaza con C/ Capri, C/ Mar de Alborán. Av. de la Riviera, se toma a contravía, Av. Salvador Dalí, se toma a contravía en el tramo paralelo a Ava Gardner, Ronda Alta de Benyamina, Paseo del Pantriste, C/ de las Mercedes, C/Rio Cañoles, C/Conde de Mieres, C/Boscan, C/Campillos FINISH.

Maximum Timings will be shown at set points. Competitors will be permitted to continue up to a maximum of time of: **km.5**: 35′, **km. 10**: 1 Hr 10′, **km.15**: 1h 45′ **km.20**: 2h 20′ **Finish.** 2h 30′. Failure to make these limits will result in the participant's disqualification. Athletes who are eliminated must get on to the sweep vehicle or take their race number off and abandon the race.

- **6.** Feeding stations are at regular intervals. 5KM; 10 KM; 15 KM; & 18.5KM
- 7. The race will be controlled by FAA official race judges appointed organisers and there will be checks conducted at various points on the course. Athletes who are eliminated must get on to the sweep vehicle or take their race number off and abandon the race.
- **8.** The Finish area will have a baggage area, however whilst items left are under surveillance, the organisers do not accept responsibility for any items left here.
- **9.** There is sufficient parking in and around the start area, close by are also Sports Village Parking, and areas close to Pozuelo, Aqualand. The Organisers will provide the athletes with changing rooms and showers and both are available at the Palacio de los Deportes San Miguel. At the Start/Finish area, the only toilet facilities will be those of the Pablo Ruiz Picasso Cultural Centre.
- 10. The-race circuit shall be restricted to traffic and will be controlled by the Local Police, Civil Protection and assisted by volunteers. Only official vehicles can use the race route and vehicles that disobey are liable to be fined by Local Police. All distance markers are in KMs and marked in high visibility panels. Traffic signs will be in use.

11. Entries. The competition is limited to a maximum of 2,000 participants and the cost is 15 Euros until a week before the event. In the last week the entry fee is 20 Euros. Entries have been open since 01 August and close at 1400 Hrs on 01 February. Strictly No entries will be accepted after this date.

Entry on-line is possible via https://avaibooksports.com/inscripcion/xxxiii-media-maraton-torremolinos/ or in person directly at Torremolinos Sports Department, **Conserjeria del Patronato Municipal** de Deportes, Ayuntamiento de Torremolinos. A refund of the entry fee is not possible, although in exceptional circumstances (forcé majeure) the Sports Department may carry it forward to the 2024 event. This must be requested by the runner themselves via E-Mail by the end of January 2023 to pruebas.populares@pmdt.torremolinos.es

- **12.** Race Numbers can be collected from the Pablo Ruiz Picasso Cultural Centre on **Saturday 4 February** between 1000 and 1400 or between 1600 and 2000 OR alternatively (and only if **absolutely** necessary) on **Sunday 5 February** from 8:00 a.m. to 9:00 a.m.
- **13.** All athletes who enter the race confirm that they accept the rules laid down by the organisers and also confirm that they are physically capable of participating and know of no reason why they may not participate, or indeed accept the risks associated in doing so. The organisers do not accept any responsibility for the consequences of participation.
- **14.** In addition by entering the race and agreeing to the rules, runners agree and authorise the publication of their personal data necessary for the operation of the event, the results and times listing, and/or by internet communication. Participants also authorise full use of photographs and films recorded at anytime for promotional use and marketing of the event.
- 15. All runners are responsible for the accuracy of their personal information provided by their registration. Participants will have the right to access, amend or cancel their personal data, according to the Organic Law 15/1999 of December 13th of Protection of Personal Data. This data can be found at the following address: Palacio de los Deportes San Miguel, C/ Pedro Navarro Bruna s/n. 29620 Torremolinos.

16 CATEGORIES

Junior 2004-2005 (M-F)	Veterano B 40 años (M-F)	Veterano F 60 años (M-F)
Promesa 2001-2002-2003 (M-F)	Veterano C 45 años (M-F)	Veterano G 65 años (M-F)
Senior 2000 a 34 años (M-F)	Veterano D 50 años (M-F)	Veterano H 70 años (M-F)
Veterano A 35 años (M-F)	Veterano E 55 años (M-F)	Discapacitad@s (discapacidad mínima del 33%) Silla de Ruedas y Handbike

17. TROPHIES AND PRIZES

First 3 in the Overall Men and Women Classification

First 3 Overall European Men and Women Not Spanish

First 3 Overall Spanish Men and Women

First 3 Overall Local Runners Torremolinos registered (padron)

First 3 Men and Women in age categories From Seniors to Veterans H & disabled

Trophy for the first classified Handbike and/or Wheelchair

Trophy for the Clubs with 3 most number of runners

1st to 10th Men and Women finishers receive free entry to the 2024 edition

*Prizes are not cumulative and are provided by private entities and sponsors.

Trophies will be given to the first three classified in each category, the first three of the General Spanish classification, Overseas classification, and Torremolinos classification. Local runners are considered those who are registered in the Torremolinos Census ('El Padron' Census Municipal lists will be checked). The organisers have the final say on all awards, trophies and prizes.

Prizes not collected at the Award Ceremony will be considered by the Organisation as a refusal of acceptance.

Athletes receiving prizes or Trophies must present proof of ID and residence with a NIE, Spanish Identity Card (DNI) or Passport. Failure to do so will result in the LOSS OF THE PRIZE. It may be necessary to show your race number at time of collecting prizes.

18. Runners Bag: Technical T-Shirt; Energy revitalisation provided by FRUTERIA LOS MANANTIALES, Torremolinos. Finisher medal. Cloakroom, physiotherapy, toilets and showers.

19. Disqualification and sanctions

- 1. Providing false information on entry
- 2. Not obeying directions of the organisers before, during or after the race
- 3. Not showing sporting behaviour
- 4. Not completing the full course, control points or following directions
- 5. Wearing race number incorrectly (must be on chest and not folded or manipulated)
- 6. Covering or interfering with race number publicity
- 7. Wearing a race number assigned to another runner
- 8. Using an unofficial race number
- 9. Finishing the race without a race number
- 10. Another incident at the discretion of the organiser and FAA Judges

20. Claims

The organisers/referees are experienced and are happy to listen to any claims in respect of the race and organisation and very much welcome feedback. Dependent on the nature of the claim there is an office set up in the Finish area and this will be the only place that these items can be addressed.

21. Accommodation

Stays that have been offered by the Hotel Griego Marconfort can be seen on the official website of the event and/or by visiting www.marconfort.com – specify Torremolinos Half Marathon when booking to qualify for the special rate.

22. Hospitality

Our travel partner 'Running Crazy Ltd' offer everything you need for a great race weekend including collection and return to/from Malaga Airport, Guided transfer to our conveniently located 4* hotel,

Half Board Accommodation, early morning breakfast on race day, race entry, course briefing and an after-race evening celebration party. See www.runningcrazy.co.uk for more details.

BY REGISTERING, COMPETITORS ACKNOWLEDGE AND ACCEPT ALL THE TERMS & CONDITIONS OF THE RULES OF THIS COMPETITION. THE DECISION OF THE ORGANISERS WILL BE FINAL IF A DISPUTE ARISES FOR MATTERS OUTSIDE OF THE TERMS & CONDITIONS.

RACE 2023